



Jan Martínez
Integral Coaching

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Begin the Journey

P R O F E S S I O N A L P R O F I L E

Career Summary

Jan has over 20 years of business experience in Manufacturing, Automotive, and the Talent Solutions industry. She has an engineering degree and an MBA, and has held critical roles in manufacturing, marketing, and sales. Jan is an accomplished strategist and negotiator. Prior to entering the Talent Solutions field, Jan worked as an account leader for a major automotive supplier, with responsibility for \$485M in annual sales revenue. Her early work as a manufacturing supervisor, both in the US and England, fueled her passion for individual, team, and leadership development.

Client, Organization, and Industry Experience

In a world of increasing overlap between business and personal life, Jan works with high-performing individuals and leaders who are seeking a deeper sense of integration, grounding, and balance to enhance professional and personal excellence. Specific areas of focus include relational skills, emotional intelligence, work-life balance, and sustaining commitment to long-term goals. Representative client engagements include assimilation coaching to establish rapid high performance and effectiveness with an Executive Director of a national nonprofit organization, as well as with a newly minted Vice President of line of business with a Tier One automotive supplier. With a Director-level succession candidate she explored vocational directions within the framework of personal and family obligations and the client's deep inner commitment to community.

Leadership Experience

Jan has held leadership positions throughout her career, across a variety of levels. She has led teams to meet and exceed expected outcomes in the areas of problems solving, business process reengineering, and sales strategy. Jan cultivates in her clients a sense of personal leadership and mastery that comes from their ability to show up with a deep sense of grounded authenticity.

Education, Certifications, Memberships

- Certified Integral Coach, New Ventures West (ICF ACTP)
- Qualified (W)hole Life Coach
- Masters in Business Administration, Duke University
- Bachelor of Science, Industrial Engineering, Purdue University
- Member ICF and ICF Michigan, PCC Credentialed
- New Ventures West Faculty, Mentor Coach (2014–present)
- New Ventures West Adjunct Faculty Pod Guide (2010 – 2013)
- ICF Michigan Core Competency Class leader, 2015 to 2016
- ICF Michigan Board Member 2012 through 2015
- BBAC Board Member (2008 – 2011)
- Leadership Oakland, Class XVII